



oradent
dental care

Cosmetic Orthodontics



We hope you find the enclosed information regarding Cosmetic Orthodontics useful and if you have any further queries please do not hesitate to ask



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city way, rochester

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So what are your options to straighten your teeth?

Many people feel that their teeth aren't quite as straight as they could be and that this crookedness is standing between them and the smile they've always wanted. In recent years the solution to this would have involved the fitting of unsightly and obtrusive metal braces, something which many people felt uncomfortable even considering. Below we discuss what your options are now?

Conventional Metal Braces

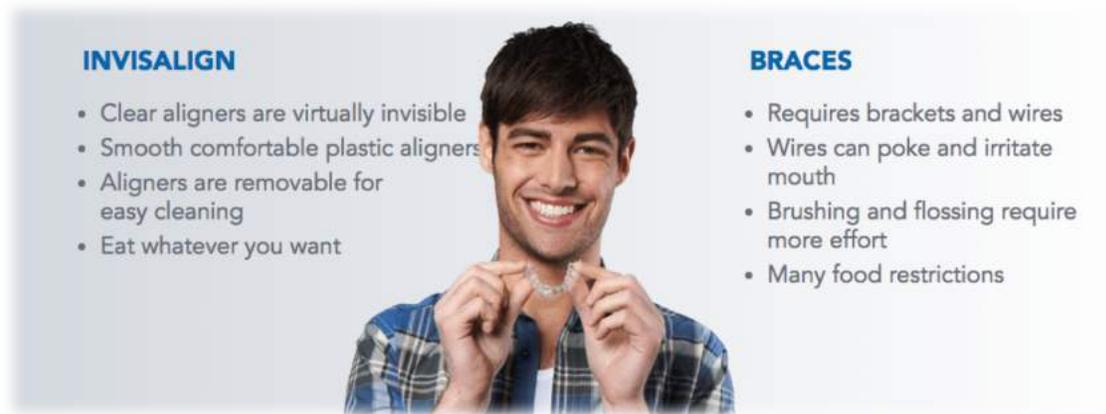


Ceramic Clear Braces



Invisalign Clear Aligners





General information on Invisalign

With Invisalign, achieving the smile you always dreamed of doesn't have to be a big deal. In fact, it barely has to impact your day-to-day life at all.

Invisalign straightens teeth using a series of nearly invisible, removable aligners that are custom-made specifically for your teeth. As you replace each aligner every 7-14 days, your teeth will move – little by little, week by week, gradually moving towards the projected final position.

Comfortable, clear and removable – Invisalign transforms your smile without disrupting your life – something that over 6 million people worldwide have already discovered.

By using advanced technology, Invisalign treats a broad range of dental and orthodontic issues that were previously treated with traditional braces – from minor tooth movements to more complex cases. These issues include:

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- Overly crowded teeth.



- Widely spaced teeth.



- Cross bite.



- Deep bite.



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- Open bite.



Developed by Align Technology together with leading orthodontists in 1997, Invisalign straightens your teeth using a series of custom-made clear aligners.

How does the treatment work?

It takes anything between *6 and 18 months* to create a new smile using Invisalign depending on complexity. Getting there takes just five simple steps:

1. You meet with an Invisalign Provider for a **consultation** about your treatment.
2. To create your personalised Invisalign treatment plan we take some **photographs** and **impressions** and send this to Invisalign.
3. A virtual 3D treatment plan is generated that shows you the expected movement of your teeth from their current position to the desired final position. This is called the “**Clincheck**” stage
4. Once you and your Invisalign Provider have approved the treatment plan, the **aligners are custom-made** to fit your teeth. The number of aligners varies for each person.
4. You **wear your aligners** about 20 to 22 hours every day,

except to eat, brush, and floss, or for a specific occasion.

5. Every two weeks, you switch to a new set of aligners. The aligners will gradually move your teeth towards their **final prescribed position**.

BEFORE



AFTER



There are now a variety of Invisalign treatments that accommodate for different conditions and type of mouths. The type of aligner that may be advised to you will be reliant on upon the complexity of your treatment.

What types of Invisalign treatment are there?

- **INVISALIGN i7**

This type of aligner is used in cases where there are slight dental abnormalities. It can also be used for amendment of minor relapse cases. This aligner is particularly good for small aesthetic improvements or where minor treatment is required – This could

be treating *slight* overcrowding cases or perhaps that single annoying crooked tooth that has always been an eyesore in photos. You may need *up to 7* aligners in total to complete the treatment. Treatment is often limited to the front 8 teeth.

- **INVISALIGN LITE**

This aligner is perfect for a case in which the bite is considered normal, but the upper front teeth overlap the lower front teeth by a small amount. It is a basic, dual arch treatment that uses *up to 14* removable clear aligners and allows patients a shorter more affordable treatment. Ideal for those who need the positioning of their teeth adjusted and straightened before cosmetic work whether that be veneers crowns or bridges.

- **INVISALIGN FULL**

Invisalign Full is the original and most well-known aligner. It is used to treat the more complex orthodontic conditions. On average treatment time can range from 12 to 18 months but differs from person to person. In most cases it may be necessary to fit small attachments onto your teeth to help achieve certain movements. These are very discreet and your orthodontist will be able to show you some examples before you start your treatment.

10 reasons why you should choose Invisalign:

1. Nearly-invisible aligners mean hardly anyone will notice that you are straightening your teeth.
2. The removable aligners allow you to maintain your dental hygiene, brushing and flossing as usual.
3. You can also remove the aligners briefly to eat, drink or for special occasions.
4. Even before you start treatment you'll know how long your treatment may take and what your teeth are expected to look like at the end.
5. Unlike outdated fixed metal braces, there are no metal brackets or wires – this means that in most cases your treatment length is up to 50% shorter.
6. Invisalign are effective for a wide variety of cases – their material SmartTrack makes Invisalign treatment effective for complex cases.
7. Invisalign appointments work within your schedule with the surgery open from 9am-7pm.
8. The aligners are made especially to fit your teeth and the shape of your mouth.
9. Invisalign treatment enables you to view your virtual results and treatment plan before you even agree to go ahead with treatment – this way you can see how your teeth are expected to look when your treatment is complete.
10. Invisalign Clear Aligners reduce damage to teeth and gums as metal braces contain wire and bits of metal that can puncture and/or scratch the insides of the mouth and gums.

How much will Invisalign cost me?

Price is an important factor when it comes to deciding for an orthodontic treatment. Invisalign cost is dependent on the specifics of your dental needs and can only be assessed during the course of your first appointment with an Invisalign-trained dentist.

We strive to make dental treatment affordable to you and with our finance options you can pay as little as £1.64 a day for orthodontic treatment.

Due to the varying complexities of individual cases the prices for Invisalign vary and will be finalised at your consultation.

Invisalign Go – £1800 - £2200

Invisalign Lite – £2500 - £2800

Invisalign Full – £3500 - £4000

Are there any risks to Invisalign treatment?

Like other orthodontic treatments, the use of Invisalign product(s) may involve some of the risks outlined below:

- Failure to wear the appliances for the required number of hours per day, not using the product as directed by your doctor, missing appointments, and erupting or atypically shaped teeth can lengthen the treatment time and affect the ability to achieve the desired results
- Slight tenderness may be experienced after switching to the next aligner in the series. This way we know things are working.
- Aligners may cause a temporary increase in salivation or mouth dryness

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- Teeth may require interproximal re-contouring or “slenderizing” in order to create space needed for dental alignment to occur.
 - Aligners are not effective in the movement of dental implants.
 - We will need to check the stability of all other existing dental restorations (e.g. crowns) to ensure they aren’t dislodged.

Alignment of the teeth is often the last thing that people think about when they’re giving their smile a makeover. Some problems, such as missing, chipped or discoloured teeth can seem obvious and so the techniques to remedy them are the first things that patients often ask about. A properly aligned set of teeth, however, can be the thing which lifts a good smile and turns it into a great smile.

Please do not hesitate to contact us if you have any questions.



01233 620359

01634 842549

01797 320337